Small Plates

Lobster Bisque 8
Creamed Sherry, Maine Lobster

Salt Coastal Salad.....12
Mixed greens, radish, haricot vert, capers, scallion, dill, cherry tomatoes, lemon-sherry vinaigrette

Kale & Romaine Caesar.....10
Shaved asiago, white anchovy, croutons

Slow Roasted Jersey Tomato & Burrata.....14
Balsamic reduction, basil, shaved parmesan, maldon sea salt

Charred Octopus 15
Garlic scape pesto, lemon oil, maldon sea salt
Soel farms micro lettuce, spanish olives

Fried Calamari 14
Sweety drop pepper, white onion, balsamic reduction

Ahi Tuna & Avocado 12
Sesame seared tuna, avocado, wakame
Inoki mushroom, soy glaze

Fish Tacos.....14
Pan fried day boat cod, cabbage slaw, pico de gallo
avocado, Chipotle cream, queso fresca

Entrees

Lobster Roll.....21
Butter toasted split top bun, fresh Maine lobster salad, shoestring fries

Salt Burger.....16
Potato-onion roll, arugula, aioli
house cut rosemary fries

Parmesan Crusted Lemon Sole 28
Sautéed Spinach, lemon butter sauce

Crab Spaghetti 27
Lore fresh spaghetti, lump crab meat, Chardonnay, parmesan, pepper flake & sour dough bread crumb

Crispy Hawiian Tofu.....21
Coconut basmati rice, cilantro, pineapple glaze

Potato Crusted Wild Halibut.....34
Asparagus, shitake mushroom, oven roasted
cherry tomato, scallion pesto, chardonnay butter sauce

Shrimp Fresca 28
Sauteed shrimp, white wine, tomato, spinach & basil, Lore' fresh spagetti, scallion pesto, butter sauce

Cast Iron Pacific Sea Bass.....27
Lemon basmati rice, peashoot, crispy carrot thread
balsamic reduction

Red Snapper A la Plancha.....32
Grilled broccolini, lump crab & avacado buter
plum tomato

Pan Seared King Salmon.....30
Couscous, bok choy, caper, chardonnay butter sauce

Family Meals and Feature dishes change weekly

Local Delivery (no-contact) and Curbside pick up 3-8pm ~ Tuesday - Saturday
free street parking ~ SALT 103 church Street, New Brunswick ~ 732-745-SALT

THE WORLD IS STILL YOUR OYSTER!